# Portobello

Quarterly: Winter 2018
Delivered in and around Portobello; circulation 12,500

Also available online on www.porty.org.uk

**BAFTA** winner P2 **INSIDE** Mum on the Run P4 T H I S ISSUE Porty panto P6 Schools news **P7** 'Pitz' site progress P8

Your Community Newspaper The independent voice of Portobello produced by local people since 1980.

# **BRIGHTON PLACE OPEN OVER FESTIVE PERIOD**

BRIGHTON Place will be open over the Christmas period, from Saturday 1st December until Monday 7th January and Lothian Buses will run all their diverted services on normal routes.

A late-night shopping event is planned to support local businesses on Thursday 6th December from 6.30pm to 8.30pm, with music, lights, entertainment, Santa and his sleigh, a raffle, shopping deals, food and seasonal family fun. There will be a Christmas tree this year, provided by Mackenzie Construction, the contractor working on Brighton Place, as part of their Community Benefits commitment within their contract.

Bus and traffic diversions have resulted in a noticeable reduction in the number of people coming to Portobello to shop. Billy Hoy, at Findlay's butchers says: "The high street is much quieter and we have seen a big drop in customers. Others I've spoken to say the same. I hope people get the message that Portobello is open for Christmas and that things will pick up, or the high street could be badly affected." Adam Rankine



Local butcher, Billy Hoy, is hoping that the Christmas period will see an increase in trade on the high street.

at The Fine Wine Co is also concerned. "It's our twelfth Christmas in Portobello and we love being part of the high street", he says, "but this is the third time we have had upset over the festive period, with the removal of the roundabout, re-laying of the pavements and now this. And with the press reporting 14 shops closing each month on high streets, we just don't know what's ahead."

The original estimate of 60 weeks for the road closure included the Christmas open period and roads officers are confident the work will take much less time, as the

contractors have experience of setts work elsewhere in Edinburgh. Mackenzie's bid of £698,000 was considerably less than the Council Capital Programme allowance of £1.2 million, a figure that provoked a lot of controversy.

For any issues relating to the setts renewal work, the liaison officer can be contacted at: Richard. Cobb@capita.co.uk or 07713 352 847.

For information on bus diversions from 7th January see www.bit.ly/busdivert or call 0131 555 6363.

Brenda Molony

# **HEART SAFE**

THE importance of publicly accessible Automated External Defibrillators (AEDs) was highlighted recently when Scotmid's defibrillator was successfully used by a member of the public to help a man who had a sudden cardiac arrest near to the store.

As well as the defibrillator in Scotmid, there are devices at Tumbles, Portobello Swim Centre, Portobello High School, Portobello Surgery at 265 Portobello High Street, and mydentist at 216 Portobello High Street.

St John Scotland, who run the 'St John and the City' project with the aim of increasing access to defibrillators, are currently working with local organisations who are keen to install one. Project lead Lynn Cleal says: "When someone has a cardiac arrest, every second counts, so when you're waiting for the ambulance, it's important to start CPR (cardiopulmonary resuscitation) and use a defibrillator. The 999 call handler will tell you where the nearest defibrillator is, so you can retrieve it while someone carries on doing CPR." For this reason, the charity says, the Scottish Ambulance Service is encouraging businesses to register their AEDs with them, so that no time is lost in locating a defibrillator in an emergency.

"No prior training is required to use a defibrillator, as all you do is turn it on and it will verbally give you clear instructions, and will only give an electric shock if one is needed", says Lynn. "If any individuals or businesses in Portobello would like to support the project and help provide one of these life-saving devices locally, we'd love to hear from them at edinburgh@ stjohnscotland.org.uk."

Karen Combe

# REPRIEVE FOR 'THE GEORGE'

THE 'Save the George' Campaign received a boost in October from a decision by the Scottish Government Reporter. The original application, to retain only the facade of the former cinema in Bath Street and build 20 flats behind, was refused by the planning committee in February; the Reporter has now dismissed the developer's appeal against this decision. The reason given was that it has not been demonstrated that this C-listed building is beyond repair, and planning policy therefore dictates that it cannot be demolished.

Friends of the George say they plan to build on their feasibility work and continue to collaborate with a range of strategic partners. Their vision for the building is as an independent cinema with work spaces, a café, and a diverse programme of events to attract locals and visitors.



L-R - Karine Polwart, Jane Meagher (Chair) and Kate Leiper at the launch of A Wee Bird Was Watching, Karine Polwart and Kate Leiper's children's book.

THE launch of Postcards from Portobello featured in the opening event of the tenth Portobello Book Festival, a most enjoyable evening

featuring words and music from those living in and connected to Portobello. Free copies of the book, funded by a grant from Creative Scotland, can be picked up in Portobello library.

The range of topics over the weekend encompassed both fiction and fact and several events featured music, which was an added bonus. During A Wee Bird Was Watching, Karine Polwart entranced her audience with her singing and encouraged them to join in the choruses. A taxi driver's book of photographs of 100 of his passengers illustrated the diversity of local and international fares. Two other sessions addressed domestic abuse and worldwide human rights abuses.

The closing event discussed the ways in which the world had changed since the first festival, focusing on digital technology, veterinary medicine and world-wide events. Organisers said they would review what they had achieved and consider how to take the festival forward.

All events are free and are organised and run by volunteers who give a lot of their time and energy, with great support by Portobello Library and its staff. None of the participants are paid and donations from those attending go towards running costs. The success and popularity of the book festival was evident from the large audiences at most sessions.

Margaret Munro

### **PORTY PROFILE No. 70**

SHONA BLACK grew up near Meadowbank and attended Portobello High School before working first for the Dental Estimates Board and then in publishing. This led her to a job as a typesetter in Fort William for a few years until deteriorating vision prompted a return to Edinburgh. For a while she was told she might have multiple sclerosis, but was eventually diagnosed with a condition known as Leber's Hereditary Optic



Neuropathy. Having no central vision and only limited peripheral vision, getting a guide-dog was, as she puts it, a no-brainer. She already liked dogs, and it enables her to get around more quickly than she could manage using a cane.

Sight-loss seems only to have heightened Shona's determination to enjoy an active lifestyle. Although she has tried various sports, including running, skiing and sailing, her main passion is tandem cycling. Initial excursions, organised by Guide Dogs and Talking Tandems, included Glasgow to Edinburgh and the 5-ferries route that includes Arran, Bute and parts of Argyll. Last year, having acquired a tandem of her own, she approached local club Portovelo seeking a new sighted pilot. Club member David Shand stepped up, and within a few weeks they were turning out regularly on Sunday rides. This year, Shona has completed 'Ride the North', a two-day 170-mile route round the northern Highlands, and the four-day 'Lakes and Dales Loop' in Cumbria and Yorkshire. She is now involved in starting a new club, VIE-Velo, for visually-impaired cyclists in Edinburgh, which she hopes will be up and running in the spring.

Shona had been a regular visitor to Portobello to visit friends before she moved here from Leith three years ago. She likes the "lovely community feel" and the friendliness of local people. Living close to the beach is also a great asset for exercising her current guide-dog, a golden labrador/retriever cross called Woody – although she jokes that her next dog will need to be a black lab so she has more chance of seeing him against the sand!

Andrew Mylne

# SHONA BLACK ON THE BEAT

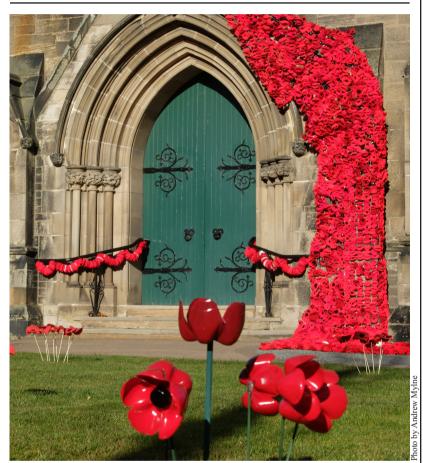
THE Christmas and New Year holidays will soon be upon us. There has been a decreasing trend in the housebreakings reported over the past few years, although this should be no reason for complacency. Please continue to report any suspicious circumstances or behaviour, consider the use of an alarm, CCTV and robust locks on windows and doors.

Recently PC Matt McPherson and I charged youths with stealing bicycles from the Portobello area. Please use a good D lock (two if possible) when securing your bicycle and if convenient please take them inside your home for safekeeping. Feel free to come into Portobello Police Station to get your bike marked with a UV pen.

If you have issues requiring Police attention in your area please feel free to come along to one of our surgeries which are held on the last Friday of every month at Portobello Library from 1pm and we'll be happy to discuss them with you.

Also, please take extra care when driving in bad weather and prepare your vehicle well in advance for the cold, winter months. If you need any advice please contact us at the Police Station. Best wishes for Christmas and the New Year 2019 from all of the Community Policing Team.

PC David Love



Around 6,500 poppies, knitted by church and community members, were displayed at Portobello and Joppa Parish Church in November to commemorate the 100th anniversary of the Armistice at the end of WW1. The moving display was organised by Elize Rutherford.

# **Hundreds of mortgages** all under one roof

# Looking for a new mortgage?

Why spend hours searching yourself? Talk to us and we'll search across the market to find you a great deal.

A mortgage is a loan secured against your home. Your home may be repossessed if you do not keep up repayments on your mortgage or any other debt secured on it.



Call: 0131 657 4400 • Email: Jacqui@fourseasonsfs.co.uk Visit: 251 Portobello High Street, Edinburgh. EH15 2AW

# ESTIMATES FREE DOUGLAS BROWN SON & GRANDDAUGHTER Safe



Mob: 07973 678961

Plumbers & GasFitters

24 hour service 22 Lee Crescent, Edinburgh EH15 1LW

# **GRAHAM SWINTON TILING** Specialising in All Aspects of Tiling

A professional service with excellent workmanship and

attention to detail no matter how big or small the job is. For a Free Quote Call

0131 669 2232 or 07507 485228

Tel: 0131 657 1655

42 Coillesdene Crescent, Joppa





WELL-KNOWN Portobello based actress Shauna MacDonald was awarded Best Film Actress at the Scottish Baftas [British Academy Film and Television Artsl on 4th November for her role in the sci-fi thriller White Chamber.

SIR TOM DEVINE, the eminent historian, has intervened in support of a local campaign to save the old St John's RC primary school from demolition. The City of Edinburgh Council insists, however, that the process of redeveloping the site is too far advanced, and Historic Environment Scotland has also declined to intervene. A 38 Degrees petition can be found here: bit.ly/StJohnsPet

TWO BEACH WHEELCHAIRS available for hire from the corner of Tumbles car park. To book, call 0300 666 0990. For more information see WWW. bit.ly/beachmobility

SOCCER FREE provides football for 10-16s of all abilities, on Thursdays at at Brunstane Primary School playing fields.

A SPOKES PORTY group has been set up to campaign for improved cycling infrastructure in and around the area. See #SpokesPorty on twitter. If you want to get involved, contact Kirstylewin@ hotmail.com. Meetings will probably be held every couple of months, in the evening at the The next Dalriada. one will be before Christmas. For more information on Spokes see www.spokes.org.uk/

THE 10th Portobello Book Festival was a real triumph and we would like to pass on our thanks to the organisers for all their hard work in delivering this fabulous weekend. We love participating in the festival and are proud to be the main venue. Copies of Postcards from Portobello, the book produced to celebrate the 10th



anniversary, will shortly be available to borrow from the library.

Copies of *Portobello – A Book of Paintings* are currently for sale in the library. This delightful collection of paintings by Peter Jones costs just £6.00. We are also still selling Footprints in the Sand – Local History from the Portobello Reporter, and My Early Years: Growing up in Craigentinny, Portobello during World War II by Stuart Edmond. Any of these would make an ideal Christmas present.

We are currently investigating setting up an Audio Book group, making use of Edinburgh Libraries' downloadable audiobook collection, and feel that such a group would appeal most to readers who are visually impaired. If you might be interested in joining, please contact me at the library.

We run only one Wednesday Bookbug session during holiday periods, at 10.30am. Saturday sessions are unchanged. For those new to Bookbugs, sessions are free, fun and friendly events for babies, toddlers and their carers to enjoy songs and rhymes together. All 0-5 year olds and their parents/carers are welcome.

Macmillan Cancer Support's currently run an information and support drop-in service in the library on Monday and Wednesday afternoons from 2pm to 4pm. Trained volunteers are on hand to offer a listening ear and help you find the information you need. All services are free for people affected by cancer.

The Portobello Book Group meets on the first Monday of every month; over the winter we will be discussing the following:

3rd December: Perfect Lives by Polly Samson

7th January: *The Reader* by Berhard Schlink

4th February: Stoner by John Williams

All books will be available from the library. If you are interested ask staff for details.

Paul Hudson

# **DEMOCRACY MATTERS PORTOBELLO**

AN open community meeting on local democracy - attended by members of the Portobello Community Council (PCC) and many other groups and individuals - was held at Bellfield on 10th November. Organised by a group of local people, it discussed recent council decisions affecting Portobello (e.g. the setts, Westbank, The George and St Johns school), and reflected on what decision making powers and processes Portobello needs.

This feeds into Scottish Government local democracy consultations which end on 30th November.

People arrived to tea, coffee and cake, and noted what makes Portobello unique – in an ABC of local distinctiveness. Eva Schonveld, Simon Bateson, David Francis and Anne-Marte Bergseng took us through discussions that were typed and projected as people spoke.

Instead of reacting to imposed developments, we discussed the need to ensure locally-determined development through something like the PCC but empowered, dynamic and inclusive (a Portobello Peoples Council?) Ideas included:

- 1. Portobello Peoples Assembly (including PCC, councillors, voluntary groups, and all interested) to develop a community charter and citizen's led local place plan to guide such a council, and ask our city council candidates to sign up to it ahead of the next local election.
- 2. Scotland-wide Citizens' Jury to decide what powers/ processes are needed to enable such community level councils to exercise real decision-making over local services/ plans, and decide how to resource this (e.g. portion of council tax, community-set Airbnb tax, etc.)
- 3. Employing a community facilitator/manager to enable community-generated planning/actioning, and to highlight opportunities and threats.
- 4. Using novel consultation methods (e.g. mapping places and services that require development/attention) to include everyone in developing/actioning plans.

Get involved! – evaschonveld@gmail.com

Justin Kendrick

### **ALLOTMENTS NEEDED**

THERE are over 65 community gardens across the city, and 44 allotment sites with 1,552 plots. The council aims to provide 1,300 more plots, by subdividing existing large ones and supporting communities to fundraise to create allotments or community food-growing gardens. Anyone interested in taking over a bit of council greenspace in Portobello for a community garden or allotment should contact darren.ryan@edinburgh.gov.uk.

### ARMISTICE DAY CENTENARY

AN event to mark the Armistice Day centenary was held at Bellfield on Sunday 11th November. The Ladies Guerilla String Quartet performed Armistice, special composition, as part of a world-wide event, Play4Peace, during which musicians played the same piece of music together. Archie Foley, local historian and co-author with Margaret Munro of Portobello and the Great War, gave a talk on the subject, and spoke about some of the men whose names are inscribed on local war memorials.

# \*\*\*

# SOLICITORS • • ESTATE AGENTS • • LETTING AGENTS •

34 years continuous service "LOCAL KNOWLEDGE TO HELP LOCAL PEOPLE"

# OFFERING THE FOLLOWING SERVICES

- Free No Obligation Valuation Of Your Existing Property
- Free Quotation Give Us The Opportunity To Match Or Beat **ANY** Quotation You Have From Other Agents
- A Special Property Sales Package Can Be Offered
- Employment Law Consultants

LETTING

Properties to Rent Always Required

**MORTGAGES** 

The Best Mortgage To Suit Your Needs

Your home is at risk if you do not keep up repayments on a



Susan Gibson, George Sneath and Lisa Glendinning wish all our customers a Merry Christmas and a prosperous New Year 



If you wish to put your property on the market, forward this advert after you have received our quote in writing and we will reduce our Estate Agents fees by 10%. Subject to a minimum fee of £500 and not available on any other offer.

### 158 PORTOBELLO HIGH STREET, **EDINBURGH EH15 1AH** Tel: 0131-669 7218 • Fax: 0131-669 8352

Open: Monday to Friday - 8am to 5pm www.mcintyresproperty.co.uk e-mail: george, susan or lisa@mcintyresproperty.co.uk







### **TIME TO MAKE A CHANGE**

IT felt like the end of an era when my youngest son turned 16 last week. Now, all my children could legally marry and vote if they wanted to, and two could drive. So, I wonder why there is still a gigantic and shabby trampoline, minus its safety nets and ladder, in the garden. It will probably be the last sign that children live here; maybe that's why I have procrastinated about packing it up.

Luckily, the trampoline did not cause any injuries or disputes with the neighbours, or become airborne in a storm. It just shortened my life by a few years when the children performed backward front flips in the air, and when one bright spark decided it might be fun to ride a bike on it while the others bounced up and down.

Nextweekthetrampoline will be disassembled and freecycled. In its place, I am planning a garden inspired by Susan Burns' column and her beautiful planting schemes. I don't really anticipate any local campaigning about the trampoline's removal, as initial feedback to the proposal was: "Not now mum. I'm busy". But you never can tell!

IN unfortunately having to cancel the November Portobello Market due to a warning about high winds, I was reminded of a recent article in Scientific American by Kate Marvel where she



wondered if this year the world will finally wake up to climate change. Sometimes it is necessary to remember that weather is not climate but, having said that, weather is affected by climate.

The forecast high winds exceeded our wind management plan but are not by themselves evidence of climate change; after all, we've always had storms and high winds. However, around the world we are experiencing the effects of climate change in that rainfall is heavier and dry hot spells are more severe and longer lasting. The trend is that these exceptional weather events are increasing. Sometimes it seems overwhelming and beyond our control, but small steps do add up and make a difference.

One thing we car users can do is reduce our reliance on car travel within the city, be it by using the buses more, walking to the shops or by using the new bikes stationed at the Tumbles site (see back page). The City of Edinburgh Council has recently consulted on the future of transport connections across the city with the view to increasing walking and cycling that will improve the streets and other places – let's work towards this.

One event not affected by the high winds was the annual Apple Day at the Donkeyfield Community Orchard. A wonderful enjoyable afternoon, with the highlight being apple juice pressing, something that always delights the youngsters. I'm sorry to say that we have suffered major graffiti on one section of the retaining wall. As always one or two idiots spoil things for the vast majority of the community who visit the orchard.

We encourage everyone to make use of the orchard, which is always open, opposite Brunstane railway station.

Stephen Hawkins, PEDAL



WINTER is a time for getting ready for spring gardening. Ordering seeds is a nice job for a miserable day, but beware of ordering too many unless you can swap some with friends. A pinch of some varieties may be all you need; half a dozen plants of a new perennial may be enough. A whole packet of lettuce seeds, however, sown in regular batches, will last through a season. Remember to store seeds somewhere cool and dry, such as an airtight container in the fridge.

Once snowdrops start to appear above ground you can dig up a clump and split them. I've done this in batches over the seasons and now have them along the edge of every border. Plant them in twos and threes, about 10cm deep, and they'll bulk up well.

Emptying the compost heap is important to keep soil healthy as compost is full of microbial life. Keep the rough stuff for mulching and put the finer grade around plants you feel are precious. It works well for holding onto moisture in sandy soils and helping to break up clay soils. I grow tomatoes in it with no additions or treatment, but I move it into the greenhouse for a few weeks first, to warm through.

Seed heads have done their work, looking good and feeding the birds, and borders will be looking tatty now, so clear the old plants to make way for the fresh growth of spring.

A quick guide to going green in the garden: for fertilizer, use seaweed extract or comfrey tea for fruit and flowering plants. For pest control, squash pests such as greenfly with your fingers, and there are now nematodes for all sorts of pests, including slugs and caterpillars, but remember that you could be killing a future moth or butterfly. Herbicides should never be used; problem areas can be put down to lawn and regular mowing will control even horsetail. Fungicides should also never be used. If you enjoy gardening you will find your own sustainable ways.

# **COMMUNITY IN ACTION**

THE stretch of grassland at the west end of the Promenade, near the Dog and Cat Home, is undergoing a facelift. Native species of coastal plants, paid for by Portobello Amenity Society and grown at Granton Hub, were planted on Sunday 16th September by local

people and members of the Edinburgh Shoreline Project. The initiative was instigated by local resident, Emily O'Brien.

This is the first phase in the restoration of plant biodiversity along the shoreline of the Forth Estuary to create an attractive habitat for smaller animals such as butterflies and bees. Earth banking will eventually also be provided where solitary bees can build their underground nests.

Native trees and shrubs will be planted on other parts of the coastline, using seed from the many

local species that have taken root on derelict land such, as Granton Harbour, before they are lost through development.

For more information about this, or future events, see www. edinburghshoreline.org.uk.

Hester Naïf

GELECT

# Cllr Kate Campbell

SNP **SURGERIES** 

3rd Monday every month

• 5.30pm @ Portobello Library • 6.30pm @ Craigmillar Library

Or contact me for an appointment at a time and place that suits you

kate.campbell@edinburgh.gov.uk 0131 529 4933 | 07738 116 221

### **CIIr MAUREEN CHILD,** Labour

Wishes you all a Merry Christmas and Happy New Year!

Drop-in surgery normally Mondays at 7pm in Portobello Library.

To get in touch, call 07718 666 481 or 0131 529 3268 or e-mail maureen.child@edinburgh.gov.uk

### **CIIR MARY CAMPBELL** Scottish Green Party

Drop-in Surgeries 5.30-6.30pm Term time only. 1st Monday of the month at East Neighbourhood Centre 2<sup>nd</sup> Monday of the month at

Portobello Library 3<sup>rd</sup> & 4<sup>th</sup> Monday of the month at Magdalene Community

Or call 07738116201 mary.campbell@edinburgh.gov.uk

# Cllr Callum Laidlaw

Scottish Conservative & Unionist

Callum is happy to meet at your convenience, either in the ward or at the City Chambers. Please contact him directly.

callum.laidlaw@edinburgh.gov.uk 0131 529 4382

# DSA **GARDEN**

For All Your Gardening and Tree Requirements

contact Douglas Alexander **07985935309** or email

info@dsagardenservices.co.uk www.dsagardenservices.co.uk

# ······

 Free estimates & advice for insurance claims • Edinburgh, Lothians, Borders & Fife • 24 Hour emergency call outs • All works fully guaranteed • All trades available in house Extensions, loft conversions, refurbishments, bathrooms & kitchens

Tel: 0131 669 5222

info@acornservices.com

www.acornservices.com 242 Portobello High Street, Edinburgh, EH15 2AT

# 

- **If** TommySheppardSNP
  - @TommySheppard
  - 94 High Street, Portobello **3** 0131 661 8023
  - www.tommysheppardmp.scot

# CRAIGMILLAR 1st Friday | 5pm-6pm Office, 18 Niddrie Mains Road CENTRAL 3rd Friday | 5pm-6pm PORTOBELLO

1st Friday | 1pm-2pm

### Mot & Neelie **JEWELLERY LTD** 190 Portobello High Street

Watch & Clock Repairs **Jewellery Repairs Battery Fitting Service Pearl Restringing** 

Tel. 0131 669 4462

# INDUSTRY IN PORTOBELLO

PEOPLE are often intrigued by the two pottery kilns in Bridge Street. These are Scheduled Ancient Monuments and the remnants of a major industry that supported two pottery firms producing a variety of domestic and industrial stoneware. This helped establish Portobello as a major pottery town.

The potteries, on adjacent sites, struggled throughout the Depression of the 1930s and only the family concern of A.W. Buchan & Co remained in production throughout and after the Second World War. Buchan's produced an extensive and innovative range, which included stoneware bottles, butter crocks, jam jars, demijohns, ginger beer bottles, hot water bottles and graveyard urns.

After the war, glass replaced pottery in many bottle and jar products and Buchan had to look for new ideas to remain viable. The coal-fired kilns were expensive to run and required continuous attention, with about 16 hours of firing and around the same time to cool. Electrically-fired kilns provided an alternative option and two were installed in the factory in







Clockwise from above: Reusable stoneware gingerbeer bottles made in Portobello, an early example of the Thistle design, a decorative jug.

1956. The kiln loads were smaller and could be better organised to give almost continuous production and more product consistency. Shortly after, a further pair of kilns were installed to increase output.

Single-glazed coloured ware was initially the basis of production during postwar austerity, but it was soon recognised that new and original items were needed to maintain sales. A chemist was employed to produce attractive pastel glazes for the domestic market. Demand for new shapes and designs led to a move into decorative ware.

In 1949, a decorating shop was established. This

women with an aptitude surrounded by purple for painting. Around 30 heather and bluebells. This were employed at its peak, proved very popular in the many previously students home and export markets. at Edinburgh College of Art. It outlasted all the other They were encouraged to designs and was the only submit their own ideas and one being painted when more than 300 designs were the Portobello factory recorded in a bound volume closed in 1972. of watercolour drawings, with some becoming major into disrepair and the comproduction items. Each pany was unable to secure design was given a number, a government improveand the decorators were ment grant. It was encourencouraged to add their aged to look elsewhere and own mark on the base, relocated to Crieff, Perthwhich acted as a form of shire, where it continued quality control. The num- production for around 20 bering system created was years. It never, however, unique amongst potteries.

the most attention was Portobello.

became a workshop for 'Thistle', a single thistle

The pottery had fallen matched the excitement The design that attracted and innovation achieved in

Mike Brown

### **OVERPRESCRIBING:** A 21<sup>ST</sup> CENTURY PROBLEM

THE science of pharmacology began in the 20th century. We all know of examples of medication that can transform lives: inhalers for asthma and bronchitis, insulin for diabetes and blood pressure tablets to help prevent strokes and heart attacks.

However, polypharmacy, the overprescribing of medication, has become a new problem for the 21st century. This becomes inappropriate when the risks of medication begin to outweigh the benefits for an individual patient. NHS Scotland's Realistic Medicine agenda says that individual patients need to be on safe and effective medication that suits their changing needs and preferences.

Until the last century there were few effective drugs beyond opium and quinine. My many times great-grandmother Catherine, who in 1782 was a young widow with a family to support, sold Juniper's Patent Essence of Peppermint for stomach complaints and Pectoral Drops for coughs and asthma in the Lawnmarket. Unlike Catherine, I have a choice of many well-tested very effective drugs that I can prescribe. The challenge for us all, is to choose the ones that help and suit us best.

Dr Portia Bella



Extensive range of services for your

Stone repairs, lime pointing, walling, vanity worktop repair...

www.nwalkerstonemason.co.uk nwalkerstonemason@gmail.com 07474 205 380

Tapas as nature intended.

Thank you for all your support. Come and celebrate with us our 8th Birthday this January.

and we will give you a free tapa with this advert any time this January We would like to wish you a fantastic Christmas and a wonderful year 2019

Open Wednesday to Saturday 12:00 to 22:00, Sunday 12:30 to 21:00

262, Portobello High Street EH15 2AT

0131 669 7711 booking@malvarosa.co.uk



eco-friendly Christmas catering and host-helpers fab Christmas menu for office parties and private dining

vegan/ gluten free / sustainable meat, seafood and cheese meals, cakes, pies and canapés to heat, eat or freeze for easy cook-free entertaining www.greenkilt.scot

07980 844350 | feast@greenkilt.scot | 66 Portobello High St

# HN WILLIAMSON

FISHMONGER

Wishes all his customers a Merry Christmas and a Happy New Year

146 Portobello High Street, Tel. 0131 669 2872

# DECORATORS

No job too large. No job too small

Call Andy Stevenson on 0131 657 2196 Mob. 0771 163 8434 or e-mail:atlasdecorators@hotmail.co.uk

36 Duddingston Road, Edinburgh EH15 1SF



A local, reliable and friendly service covering all aspects of joinery.

No job too small. Free estimates.

tel: 0131 669 1637 mob: 07704506270 info@alexandersjoinery.co.uk



314 Portobello High Street, Edinburgh EH15 2DA Tel: 0131-669 6333 or Fax: 0131-669 1285 www.dignityfunerals.co.uk Dignity 24 HOUR SERVICE

Pre-funeral planning available on request Member of National Association of Funeral Directors Part of Dignity Funerals Ltd.

Your Local Electrician Commercial and Domestic Small Jobs Welcome Call lames Blyth on 669 2258 or 07879447396 or email:

JEBELECTRICS@YAHOO.COM

# The Portobello Reporter

is produced by volunteers, with 36 local people contributing to this issue. If you have something you would like to see in print or to advertise call

669 3466

or email us at portyreporter@btinternet.com MARCH 2019 DEADLINE 3RD FEB.

PORTOBELLO MARKET: Sat 1st Dec, 9.30am-1.30pm, Brighton Park. Usual stalls. Details from portobello.market@ live.co.uk. Next date, 3rd Feb.

FUN FIDDLE CEILIDH: Sun 2nd Dec, 3pm, The Wash House. Tickets £8/£6conc, Family £25, from Favers.

A PORTY PANTO: Snow White & the Seven Dwarfs. 14th-16th Dec, Bellfield, Bellfield St. Fri 14th, 2.30/7pm; Sat 15th, 12pm/5pm; Sun16th, 10am/2.30pm. Tickets from www. bit.ly/portypanto, Cove and The Skylark. Adults £12 (conc.£8), Family £36, under-5s free.

CEILIDH: 29th Dec 7.30-11.30pm, Bellfield, Bellfield St, with the Da Hooley Ceilidh Band. Tickets £12 (£10 conc.) from Skylark and Velvet Easel. A fundraiser for Portobello Timebank.

CEILIDH: 19th Jan, 7.30-11.30pm, details as above. A fundraiser for Towerbank Primary.

**BURNS SUPPER** for Christian Aid: Sat19th Jan, 7pm, Portobello & Joppa Parish Church hall. Immortal Memory by Calum Wyllie, former Headteacher at Heriot's. Tickets £15 from 4th Jan. Call 657 3401

PAMOJA FASHION: Quality Clothes and Accessories, first Sat of the month, 10am-1pm, St John's Hall, Brighton Place. Supporting partnerships between schools and communities in Scotland and Tanzania.

SING IN THE CITY rock'n'pop choir, The Wash House, Thursdays, 10am-noon. For a free trial contact hello@ singinthecity.com. No audition required.

THE BRIDGE CLUB in Portobello, Mondays, 9.30am would welcome two new players with some experience. For details call Bert on 669 8040.



FUN FIDDLE CELEBRATES 15 YEARS! Fiddle classes for adults. New beginner class starts

> The Wash House, Portobello

January 2019 at

more information at www.funfiddle.co.uk

# AMNESTY - LOCAL NEWS

### LOCAL AMNESTY GROUP FIT AT FORTY

THE group's 40th anniversary was celebrated on 17th October in The Dalriada, with a large turnout of past and present members and supporters. We were delighted to welcome Ian Fisher, founder member, and former MP Gavin Strang and Brenda Molony of The Portobello Reporter, both patrons of the group. A resumé was given of the many group activities and achievements over the years, and we go forward, addressing challenges to human rights worldwide, confident of the continuing support of the Portobello community.

In a first for the group, three members gave presentations at the Portobello Book Festival on: a brief history of the work of members over 40 years, the current massive violations of human rights in Turkey with Amnesty's responses, and the Amnesty campaign on keeping refugee families together.

The theme of our stall at the Village Show this year was 'refugees welcome', and 160 members of the public signed a petition to the UK Government appealing for refugee families to be kept together.

Group meetings are held on the second Monday of the month at 7.30pm in the vestry of Portobello and Joppa Parish Church. Visitors are welcomed, with no obligation. For details email theresa.mcmurtry@gmail.com or call 0131 669 0295.

David Turner

WORK • MAKE • SHARE

### **CHRISTMAS AT TRIBE PORTY**

WE are looking forward to sharing our popular annual Christmas Makers Market with the local community on Saturday 8th December from 1-5pm at Tribe Porty. We will have 25 local makers exhibiting

and selling their Christmas goodies in our bigger and newlyrefurbished building.

Festive drinks and food will be provided by Sly Fox Foods, a vegan street food enterprise, with some outside music from DJ Dynamite and sets by Oi Musica's Brass Blast. We are also pleased to let you know that, in addition, we will be running a Vintage Flea Market upstairs in the White Hall from 2-6pm. Join us for some special festive maker fun.

Find us at 19-21 Windsor Place - look for the big TRIBE PORTY sign. For more information about events and co-working, visit www.tribeporty.org

Dani Trudeau



### **BELLFIELD**

**BELLFIELD EVENTS** 

SINCE re-opening in June, Bellfield has been at the centre of Porty's cultural life, becoming a venue for the Fringe, the Big Beach Busk and ArtWalk Porty. We're hosting a variety of classes - everything from Tai chi to after-school cricket as well

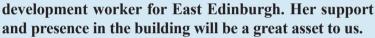
as hiring out the hall for numerous community celebrations.

We've also provided much-needed space for civic life in Portobello, hosting talks with local traders concerning the Brighton Place closure, as well as a training event for 160 Council staff. We were particularly touched by praise for the venue from one participant who had been both christened and married at Bellfield.

We're looking forward to staging the Porty Panto, Snow White and the Seven Dwarfs, from 14th to 16th December (see What's On). This classic fairytale features a cast of comedy talent and over 40 local young people. On 6th December there will also be a Panto Parade, culminating in a Christmas light switch-on at Bellfield, and a Christmas Fair on 15th December, so make sure you visit us over the festive season. Visit www. bellfield.scot for more details.

Sarah Cockburn

THE Wash House held its 27th AGM in October and we welcomed on board four young people from Porty Youth Club. In this 'Year of Young People' it's fantastic to have their participation and voice. We also welcome Alli Abernethy, youth



We are on the lookout for a secretary and treasurer, so if you think you could help, we would love to hear from you. And new trustee members are welcome too. Barbara Middleton, local artist and trustee member, has made a lovely hand-painted sign to go on the front of the building, which will give us a better public front. Onwards and upwards!

Check out www.thewashhouse.org or find Porty Wash House on Facebook. For more information phone Val Stokes, facilities coordinator at 0131 669 8275 on Tuesday and Wednesday from 11.15am-3.45pm.

**Gica Loening** 

THE

FINE WINE

COMPANY



At CALEC Electrical Services your satisfaction is our main priority.

Tel: 07763 510 942 Contact@calec.co.uk www.calec.co.uk Portobello, Edinburgh

# FINDLAY'S OF PORTOBELLO

THE NATURAL MEAT COMPANY

116 Portobello High Street, EH15 1AL

A family-run butcher since 1974. For free-range turkeys (Copas, Kelly Bronze) A selection of game and duck

A range of gluten-free stuffings and chipolatas Also free-range and naturally fed meat Award-winning haggis, black-pudding, sausages and bacon Tel. 0131 669 4559/7391

### THE FINE WINE COMPANY 119 High Street, Portobello, EH15 1AR (0131) 669 7716

Stockists of I J Mellis Cheeses.

We offer glass hire, sale or return and advice for people planning parties and events. Wanting a gift? We can gift wrap it and offer a nationwide delivery service. Pop into the shop opposite Findlay's. Open Mon/Tues.12-8pm, Wed-Sat.10am-9pm. www.thefinewinecompany.co.uk

e-mail: Portobello@thefinewinecompany.co.uk

# ROBIN T. BOND

**CHARTERED ACCOUNTANT** Wishes all readers a Merry Christmas

and a Happy New Year ACCOUNTS • TAX RETURNS • CASH FLOW VAT • BUSINESS START UP • PHOTOCOPYING

22 JOPPA ROAD TEL: 0131 669 0442

# **PORTOBELLO ROOFING**

All aspects of roofing work undertaken from a single slate to a new roof.

Free estimates and advice

Tel 0131 669 9163 or 077941 18594 www.portobelloroofing.co.uk

# EDWIN VOLPE °

STONEMASON

SPECIALISING IN: Dressing, Restoration, POINTING, RUBBLE, GARDEN WALLS, SLABBING. CALL FOR DETAILS.

Tel. Mob. 07813147343 (0131) 620 1603 email:

edwinvolpestonemason@live.co.uk

# **TOMMY'S TALES**

IT'S almost the end of 2018. Everyone has something to celebrate whether it be Halloween, Diwali, Christmas, Hanukkah or Hogmanay. We also have special events happening here in Portobello High School. In our assemblies we have been focussing on acts of kindness to everyone, Remembrance Day, Children in Need, our Christmas Concert, the first year Christmas Disco and 'Porty Does Strictly'.

This dance show is like Strictly Come Dancing, and is performed by sixth year pupils and teachers. The couples are made up of our amazing teachers and pupils, any of whom could be mistaken for professionals. We have the talented Jazz Band that plays the theme tune and other melodies, while the Media class make our amusing 'couples in training' videos. The Fashion department make the beautiful costumes. The Art department make the stunning posters, first year English classes write the programmes, and senior pupils do the sound, light and stage-management. A lot of time and hard work goes into this event, and every pupil can attest to the fun that we all have. The proceeds all go to our school inclusion fund to help support less privileged children.

From everyone here at PHS, we hope you have a great holiday and a Happy New Year!



# **BRUNSTANE PUPIL PARLIAMENT**



THE Pupil Parliament is in its third year at Brunstane Primary School. Its aim is the development of a culture whereby all the children have a voice and the opportunity to play an active role in decisions that affect their learning and well-being.

The Parliament consists of 10 groups of pupils, staff and other volunteers who share an interest in bringing about positive change in a particular area, such as the environment. Each group is assigned a challenge that involves developing skills in leadership, problem solving, collaboration and communication.

One of last year's groups, the 'Friendly Bunch', was aiming to make Brunstane the kindest school in the country. Kindness is at the heart of the work of our school and is reflected in our values of respect and community. Holly, in this year's P6, tells us more: "We made a film about bullying and created posters with 10 things you should say more often. They are displayed around the school now to remind everyone to be kind and respectful".

Planning is under way for the next sitting of the Pupil Parliament in January 2019. Staff and children are eagerly anticipating how they will make a positive difference and live out the values of the school in their new groups.

Mhairi Ritchie, Lead Teacher for Pupil Parliament

# NEWS FROM TOWERBANK

P6 and our P2 buddies did an autumn beach clean-up. It was a There were 160 pupils in 40 groups. Each group collected approximately 100 nurdles (tiny plastic pellets), so we think we collected around 4,000 nurdles in just one hour! Each group had one bag, two litter pickers and a check list. We are surveying all the different types of litter we found with the Society. We were all very shocked to see how much are Towerbank and we want to stop pollution!

Eilidh and Daniella P6

TOWERBANK is building a new school library. It now has 33 comfy bean bags and is gratefully receiving donations of books from publishers. The school is very appreciative of a local joinery company which constructed the shelves and oversaw the carpeting and décor, and of all the trades involved that donated their time. P5 and P3 pupils had the idea of using small figures to hold up letters of the alphabet to guide books. Everyone in the Towerbank community agrees that the Library project is an excellent example of the whole school family identifying an improvement needed and working together to make it happen.

# PORTOBELLO BLINDS

Quality, made to measure window blinds supplied and fitted at the best possible prices. Get in touch to arrange a home visit and no obligation quote - or visit our website to find out more.

> Phone: 0131 669 4138 Web: www.portobelloblinds.co.uk



### PIANO TUNING **Greek Artisan Pastries** SERVICE & REPAIR

Good rates - Free estimates Professional advice

Call David Neill, HND Tel. 0131 258 2755 Mob. 0759 889 9198

(Bailie Terrace, EH 15)

Authentic and handmade Greek pastries and barista coffee

32 Portobello High Street / eh15 1dd Edinburgh / T: 0131 283 5136

Open: Tuesday-Sunday 09:00-17:00, Mondays Closed



# PORTOBELLO

A CHOICE OF FREE SPECTACLES IF IN RECEIPT OF **CERTAIN NHS BENEFITS** 

Call for details

172 Portobello High Street 657 9899

### CAPITAL GAS AND **HEATING SERVICES**

Specialists in:

Installations and Repairs

Landlords Reports

 Living Flame Fires Servicing and Plumbing

Baisi Service Agent Insurance Work Welcome

Gas Safe Registered 0131-669 6462 Mob: 07831 406553 21 Brunstane Drive, **Edinburgh EH15 2NF** 



(Adjacent to Williamson's fishmongers)

HAVE AN EVEN BETTER XMAS WITH OUR

FANTASTIC RANGE OF NEW AND PRE-OWNED **APPLE & SAMSUNG SMARTPHONES GREAT PRESENTS AT GREAT SAVINGS** 

> 0131 258 4477 FIND US ON FACEBOOK

# IN THE SADDLE



NOW the days are so much shorter, Portovelo's Sunday rides are starting at the later time of 9 am. In order to get back for lunchtime, while still keeping aside time for a cafe stop, distances are reduced and the emphasis is more on steady miles to maintain fitness. This makes it a good time of year to try us out if you are new to group riding. Weather permitting, our rides continue throughout the winter.

While most of us were winding down during the autumn, Carol and Tim Jones, pictured, were scaling alpine peaks, including the famous Stelvio pass in northern Italy and the Col d'Izoard in France. This is only the latest such adventure for the intrepid

couple, who are taking full advantage of retirement to explore parts of Europe by a combination of motorhome and tandem. Back in Scotland, they regularly turn out for our Sunday intermediate rides, along with our other tandem duo David Shand and Shona Black, the latter featuring as this edition's Porty Profile.

On 7th December, you'll find most of us in The Espy for the club Christmas night out which, building on last year's success, will include a range of awards to celebrate the many achievements of our members. Full details of this and other activities on our website, <a href="https://www.porto-velo.com">www.porto-velo.com</a>.

Andrew Mylne

# PORTOBELLO SWIMMING CLUB

THE season is well under way and we have already competed in several galas across the East of Scotland, resulting in many new personal bests and a load of medals. The competitions now start getting more serious, with the Edinburgh Schools Championships, and the East District Age Group Championships continuing in late December for 50m sprints.

Our own Club championships in November, at the Swim Centre, produced the following champions for 2018: Ages 8/9, Abby Blackstock and Daniel Nec; 10/11, Hanka Seabright and Finlay Blackstock; 12/13, Robyn McCarthy and Harry MacKintosh; 14/15, Louise Lock and Emil Morawski; 16+, Monika Venturova and Miko Sulek/Rory Campbell (joint winners).

At the start of the New Year we will be holding our annual prize-giving at Duddingston Golf Club, when all our 2018 champions will be presented with their trophies.

Linda Forrester

THE Promenade at Tumbles is the only Just Eat Cycles bike hire station in the east of the city. The scheme, which was launched in September, allows people with the Just Eat Cycles app to hire a bike from one of the 20 stations across the city, it costs £1.50 an hour or for £3 you can have unlimited individual one hour hires during a 24 hour period. They plan to have 1,000 regular bikes by the end of the year with 100 electric bikes being added in 2019. For more information go to www.edinburghcyclehire.com.



# ORMELIE TAVERN

44 Joppa Road, Portobello Tel; 0131-669 3323

Opening Hours: Mon to Sat 11am to 12 midnight Sun 12.30 pm to 11pm

AN EVER CHANGING RANGE OF CASK-CONDITIONED ALES

Timothy Taylors

Caledonian Brewery

ry Had

adrian & Borde
Belhaven
McEwans

OVER 60 MALT WHISKIES 35ml measure

FILLED ROLLS & SNACKS AVAILABLE

# T.A.Harris & Son

A FAMILY RUN COMPANY Established 1957

Wish all their customers a Merry Christmas and a Happy New Year

SERVICING, REPAIRS, MOT TESTING STATION

COMPETITIVELY PRICED BRAKES AND EXHAUSTS





T.A. HARRIS A member of the tyre expert network-



Aftermarket-Service Ltd Light Clutch Division

9-1 BELLFIELD LANE, PORTOBELLO EDINBURGH EH15 2BL TEL: 0131 669 5995

# PORTOBELLO CFA GETS SCOTTISH CUP FEVER



**THE** Youth Football Scottish Cup went national on the weekend of 3rd/4th November, with teams from across the country competing against each other in the 3rd round.

Portobello Community Football Academy's Under 13 and Under 14 sides were both drawn away from home in tricky ties. The Under 13s were playing Livingston FC Community Club in what was a fantastic performance, continuing their impressive form this season by winning the game 9-0. Our Under 14s were playing in Perth against Letham SC who sit top of the Perth and Kinross league. They secured a terrific 10-1 win to progress into the 4th round, where they will play Clydebank FC.

John Griffiths

## PROGRESS ON 'PITZ' SITE

AT a Town Hall meeting on 15th November 2017, the community opposed the city council's plan to sell off the Westbank ('Pitz') site to developers. In a Portobello Community Council consultation, 8% favoured the council's plan, 41% backed no change and 51% backed Action Westbank's alternative approach.

Since then a hectic year has included an extremely well-attended community design weekend in March and informal positive discussions with council officers. Our ward councillors worked to secure other councillors' backing for stopping the sale and building from the council's need for capital receipt and the community's needs and aspirations. On 11th October the Finance and Resources committee voted for this, and on 1st November we had a very positive meeting with council officers as we embarked on that process.

Action Westbank aims to ensure a vibrant site that benefits the community and delivers capital receipt for the council by providing a mixed-use development. We aim to include leisure (retaining or re-providing Tumbles on site, providing outdoor play/sports facilities, ideally including new uses), commercial (supporting the high street), housing (responding to local needs), a revitalised Prom, and connected open spaces including the Figgate Burn. Once the process becomes clear, we'll let everyone in the community know how to get involved: see <a href="https://www.bellfield.scot/westbank-pitz">www.bellfield.scot/westbank-pitz</a>. Justin Kenrick, Action Westbank.





# The Just World Shop

Fair Trading For A Just World

Getting round to thinking about Christmas?

Visit our shop at **54 Portobello High Street Tel 669 8819**For a good selection of

Cards • Wrapping Paper • Decorations • Gifts • Crafts • Jewellery •

Also Coffee • Tea • Cocoa

and a range of food including

• Dried Fruit • Nuts • Sugar for your Christmas cake Open: Monday-Friday 10am-12noon and 2pm-4pm Saturday, 10am-3pm until Christmas, then 10am-12noon